

To complete the Girlguiding SWE Tri-guiding Challenge you need to:

1. *Help promote your local Girlguiding Group.* This could be some social media coverage, displaying some posters or distributing flyers.
2. *Take part in an event or activity with a local Girlguiding group.* This could be anything from helping to set up for a meeting, helping with fund raising activities, or baking a cake for an activity!
3. *Try out a meeting* – join a meeting for the night, bring a hobby or skill to share with a unit or help out on a trip.

Important things to know:

You can attend a meeting as a helper up to twice a term before we ask you to consider becoming a member in a formal volunteer role. This helper role is something any friends and family can do, and groups will benefit from having an extra adult to help them when you are able to attend, or from any tasks you can do to help with the running of the unit behind the scenes.

You will work as part of a team with experienced volunteers at a meeting and won't be left unsupervised with our young members. Before you attend your first meeting we ask you to read the unit safeguarding guidelines which can be found here: [unit-safeguarding-guidelines.pdf \(girlguiding.org.uk\)](https://www.girlguiding.org.uk/unit-safeguarding-guidelines.pdf)

Make sure you have the contact details of the volunteer team for the group you are helping, so that you can discuss suitable times, where you will be meeting and what you will be doing.

If you don't already have contact with a group and would like to get involved, you can register with your local group through the Girlguiding website ([Join as Volunteer \(girlguiding.org.uk\)](https://www.girlguiding.org.uk/join-as-volunteer)) or email sarahb@ggswe.org.uk

When you have completed your challenge, ask your volunteer team to let us know so that we can send you a small thank you!

Instructions for volunteer team:

When you have someone working with your unit who has completed their GGSWE Tri-Guiding challenge, please use this link to supply your unit details and postal address:
<https://forms.office.com/e/kKWaFmqEpZ>

A badge will be provided on completing the challenge at no cost for anyone living in South West England. If you live outside of our region, you are still more than welcome to use this resource but there will be a small charge for the badge if you would like this as well.